



TEAMS CHALLENGE COURSE WAIVER & RELEASE TO ALL CLAIMS

Program: Teams Challenge Course Location: Meadowhill Park

Organization Name: Central School - Snowflake Date of Program: 10/28/09

Participant's Name: _____

Emergency Contact: _____ Phone of Contact: _____

IMPORTANT INFORMATION

The Northbrook Park District is committed to conducting its recreation programs and activities in a safe manner and holds the safety of participants in high regard. The Northbrook Park District continually strives to reduce such risks and insists that all participants follow safety rules and instructions that are designed to protect the participants' safety. However, participants and parents/guardians of minors registering for this program must recognize that there is an inherent risk of injury when choosing to participate in recreational activities.

You are solely responsible for determining if you or your minor child/ward is physically fit and/or adequately skilled for the activities contemplated by this agreement. It is always advisable, especially if the participant is pregnant, disabled in any way or recently suffered an illness, injury or impairment, to consult a physician before undertaking any physical activity.

WARNING OF RISK

This teams course/climbing wall is a series of challenging activities that engage the physical, mental and emotional resources of each participant. However, despite careful and proper preparation, instruction, medical advice, conditioning and equipment, there is still a risk of serious injury, including cervical spine injury and head/brain injury. Understandably, not all hazards and dangers can be foreseen.

Participants must realize the very nature of using climbing walls and teams courses is hazardous and risky, including but not limited to overexertion, slip and falls, lack of good physical conditioning, inadequate or defective equipment, failure in instruction or supervision, poor technique, carelessness, horseplay, premises defects, environmental hazards in an outdoor setting, inclement weather, insect bites, acts of God and all other circumstances inherent to the use of climbing walls, teams courses and recreational activities/programs.

In this regard, it must be recognized that it is impossible for the Northbrook Park District to guarantee absolute safety.

Please read and sign the back side of this form. Each participant must present a waiver to the facilitator on the day of the program. Participants without a signed waiver will not be allowed on the teams course or climbing tower.

WAIVER AND RELEASE OF ALL CLAIMS AND ASSUMPTION OF RISK

Please read this form carefully and be aware that in signing up and participating in this program/activity, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages or loss which you or your minor child/ward might sustain as a result of participating in any and all activities connected with and associated with this program/activity (including transportation services, when provided).

I recognize and acknowledge that there are certain risks of physical injury to participants in this program, and I voluntarily agree to assume the full risk of any injuries, damages or loss, regardless of severity that my minor child/ward or I may sustain as a result of participating in any and all activities connected with or associated with this program/activity. I further agree to waive and relinquish all claims I or my minor child/ward may have (or accrue to me or my child/ward) as a result of participating in this program/activity against the Northbrook Park District, including its officials, agents, volunteers and employees.

I do hereby fully release and forever discharge the Northbrook Park District from any and all claims for injuries, damages or loss that my minor child/ward or I may have or which may accrue to me or my minor child/ward and arising out of, connected with, or in any way associated with this program/activity.

I have read and fully understand the above important information, warning of risk, assumption of risk and waiver and release of all claims. If registering on-line or facsimile signature shall substitute for and have the same legal effect as an original form signature.

Participant/Guardian Name: _____ Birth Date of participant: _____
(Please print)

Participant/Guardian Signature: _____ Program Date: 10/28/09
(18 years or older or Parent/Guardian)

PARTICIPATION WILL BE DENIED if the signature of adult participant or parent/guardian, birth date of participant, and program date are not on this waiver.

Note: Please notify in the space below of any special medical considerations you may require during participation on the Teams Course/Climbing Tower. All information is confidential and will remain as such unless necessary for first aid administration.

Please contact 847-291-2995
for additional information regarding safety.



Northbrook Park District 3323 Walters Avenue Northbrook, IL 60062