

Recommended Books for Parents

Becoming the Parent You Want to Be: A Sourcebook of Strategies for the First Five Years by L. Davis and J. Keyser.

The Difficult Child by S. Turecki and L. Tonner.

Emotional Intelligence: Why It Can Matter More Than IQ by D. Goleman.

Emotionally Intelligent Parenting: How to Raise a Self-Disciplined, Responsible, Socially Skilled Child by M. J. Elias, S. E. Tobias, and B. S. Friedlander.

Everyday Blessings: The Inner Work of Mindful Parenting by M. Kabat-Zinn and J. Kabat-Zinn.

Full Catastrophe Living: Using the Wisdom of Your Body and Mind to Face Stress, Pain, and Illness by J. Kabat-Zinn.

Homework Without Tears: A Parent's Guide for Motivating Children to Do Homework and to Succeed in School by L. Canter.

How to Talk So Kids Will Listen and Listen So Kids Will Talk by A. Faber and E. Mazlish.

The Incredible Years: A Trouble-Shooting Guide for Parents of Children Aged 3–8 by C. Webster-Stratton.

Kid Cooperation: How to Stop Yelling, Nagging and Pleading and Get Kids to Cooperate by E. Pantley.

Kids Can Cooperate: A Practical Guide to Teaching Problem Solving by E. Crary.

Love and Anger: The Parental Dilemma by N. Samalin and C. Whitney.

Magic Trees of the Mind: How to Nurture Your Child's Intelligence, Creativity, and Healthy Emotions from Birth Through Adolescence by M. Diamond and J. L. Hopson.

1-2-3 Magic: Effective Discipline for Children 2–12 by T. W. Phelan.

The Optimistic Child by M. E. P. Seligman.

Parenting the Strong-Willed Child: The Clinically Proven Five-Week Program for Parents of Two- to Six-Year-Olds by R. Forehand and N. Long.

Raising a Thinking Child: Help Your Young Child to Resolve Everyday Conflicts and Get Along with Others by M. Shure.

Raising an Emotionally Intelligent Child by J. Gottman.

Raising Children in a Socially Toxic Environment by J. Garbarino.

Raising Self-Reliant Children in a Self-Indulgent World: Seven Building Blocks for Developing Capable Young People by H. S. Glenn and J. Nelsen.

Raising Your Spirited Child: A Guide for Parents Whose Child Is More Intense, Sensitive, Perceptive, Persistent, and Energetic by M. S. Kurcinka.

The Shelter of Each Other: Rebuilding Our Families by M. B. Pipher.

Siblings Without Rivalry: How to Help Your Children Live Together So You Can Live Too by A. Faber and E. Mazlish.

SOS! Help for Parents by L. Clark.

Stop Arguing and Start Understanding: Eight Steps to Solving Family Conflicts by D. C. Hall.

What Kids Need to Succeed: Proven, Practical Ways to Raise Good Kids by P. L. Benson, J. Galbraith, and P. Espeland.

When Anger Hurts Your Kids: A Parent's Guide by M. McKay, P. Fanning, K. Paleg, and D. Landis.

Without Spanking or Spoiling: A Practical Approach to Toddler and Preschool Guidance by E. Crary.

You Can't Say You Can't Play by V. G. Paley.