

## Resources for Human Sexuality Issues

### Websites:

<http://kidshealth.org/en/teens/about.html>

<http://kidshealth.org/en/kids/grow/>

<http://teenshealth.org/en/teens/sexual-health/>

<https://www.aap.org/en-us/about-the-aap/aap-press-room/news-features-and-safety-tips/Pages/Talking-to-kids-and-Teens-about-social-media-and-sexting.aspx>

<https://www.healthychildren.org/English/ages-stages/teen/dating-sex/Pages/Teenage-Sexuality.aspx>

<https://www.cdc.gov/HealthyLiving/>

<https://sciencebasedmedicine.org/sex-gender-and-sexuality-its-complicated/>

### Book:

[It's Perfectly Normal: Changing Bodies, Growing Up, Sex, and Sexual Health](#), Authors: Robie H. Harris and Michael Emberley

## Resources for Substance Abuse Prevention

### Websites:

<http://drugfree.org>

<https://teens.drugabuse.gov>

<https://teens.drugabuse.gov/parents>

<https://www.cdc.gov/alcohol/>

<https://www.drugabuse.gov>

### Slang/Text Terms:

<http://www.urbandictionary.com>

<https://noslang.com>

### TED Talk

[We're all hiding something. Let's find the courage to open up](#), by Ash Beckham (about having difficult conversations)