

*NorthShore University HealthSystem, in partnership with Erika's Lighthouse, is hosting a presentation for area school personnel and other interested parties entitled:*

**A Comprehensive Approach to Addressing  
Childhood and Adolescent Depression –  
Communities, Schools and Mental Health Providers  
Working Together**

- When:** Friday, January 29, 2010  
7:30 – 9:30 a.m.
- Where:** Highland Park Hospital  
Meeting Rooms 1 & 2  
777 Park Avenue West  
Highland Park, IL 60035
- Speakers:** Peggy Kubert, LCSW  
David Schreiber, MD
- Objectives:** After completing the course, participants will be able to:
- Determine ways to educate all members of school communities to recognize the signs of depression in themselves and others.
  - Develop strategies to de-stigmatize depression and recognize it as an illness which is common and treatable.
  - Create opportunities to promote the importance of seeking help for themselves or a friend and to support self-awareness as part of mental health.
  - Understand the role of the support systems outside of the school.
- To Register:** Please register online at [www.northshore.org](http://www.northshore.org) under “Register for Classes and Events,” by *Monday, January 25*. For more information, please call Tracy Sommerfeldt at 847-570-2198
- CEUS:** 1.5 CEUs will be available to all LCSWs and Counselors.

*A continental breakfast will be provided.*